**e-Portfolio Reflections**

Completing this reflection for each activity gives you opportunity to reflect upon your experiences at frequent points throughout your time on the module. This will help you to check if you are growing and developing as a professional, particularly in the direction you wish your professional journey to take both throughout the module and beyond into your future professional development. It is also important in helping your assessment marker to establish the extent to which your reflections meet the learning outcomes of the module – contributing towards your final module grade.



 **As you complete your Reflections, please include headings to structure the reflection and show that you are addressing all four areas – Experience, Reflect, Conceptualise and Plan.**